



Provision of External Rails

External Rails

An external metal rail is used to assist a person to mobilise over a step or if additional support is needed when opening or locking a door. A grab rail can be fitted beside an external step or at an external doorway to provide support. When considering rails at your front door, if it is possible, its best to fit them at the same side as the door handle.

As standard, East Lothian Health and Social Care Partnership no longer provide external rails.

Purchase:

You can purchase external grab rails in many local hardware stores or can purchase online. The suppliers below are only a few of some recognised retailers that provide these to purchase, there are many more online options available at a range of costs.

- B & Q
- Argos
- Screwfix
- Amazon
- NRS Healthcare

Installation:

External handrails over several steps can also be fabricated by a blacksmith. If you require someone to install this for you, East Lothian Council has a trusted trader list on their website.

<https://www.trustedtrader.scot/EastLothian/>

There are several other local services who may also be able to support you with sourcing and/or installation of external rails.

Volunteer Centre East Lothian

<https://www.volunteereastlothian.org.uk/>

[01875 615 423](tel:01875615423)

info@volunteereastlothian.org.uk

56 High Street, Tranent EH33 1HH

Care & Repair (homeowners only)

<https://www.careandrepaireastlothian.co.uk/>

Telephone: 01620 828445

Email: enquiries@careandrepaireastlothian.co.uk

18-20 Market Street

Haddington

East Lothian

EH41 3JL

Important Notes

If you are installing an external rail, please consider where it would be best located, a) for ease of access and b) so it does not obstruct your or a neighbours door.

If you are a council tenant, you will need to request permission to install this they can be contacted on permissions@eastlothian.gov.uk

If you are a housing association tenant, please contact your housing officer for advice on permission.

