

Change to your Prescription

Dear Patient

The primary care team in this practice are continually reviewing prescribing to provide patients with appropriate, high quality and cost effective medications for their conditions. We are keen to ensure that all our patients receive the best quality treatment whilst making the best use of NHS resources available to us.

Recently there has been a number of new inhalers released onto the market and the NHS Lothian inhaler guidance has been updated with some of these new products.

From your records we note that you are currently prescribed:

Fostair® inhaler

We also notice that you were previously tried on Luforbec® and this was not suitable for you. Luforbec® contained the same active ingredients as Fostair® however it contained different excipients and for this reason a few patients did not find it as good at controlling their asthma symptoms. Lothian have now decided to change to a product that has identical ingredients to Fostair®. The NHS Lothian first choice beclometasone/formoterol brand inhaler has now been changed to:

Proxor® inhaler

This time we would not expect you to experience any negative effects however if you have any concerns please contact the practice.

Your repeat prescription for Fostair® inhaler has now been changed to Proxor® inhaler.

These

inhalers are equivalent and contain the same ingredients at the same strength. They are just made by different companies. You will notice a slight difference in the **colour** of the inhaler device however they are used in the same way. If you currently use a spacer device you should continue to do so.

Inhalation technique for these type of inhalers is “**SLOW and STEADY**”. Please see ASTHMA UK inhaler technique resources **How to use your inhaler | Asthma + Lung UK ([asthmaandlung.org.uk](https://www.asthmaandlung.org.uk)) on <https://www.asthmaandlung.org.uk/living-with/inhaler-video>**

You should continue to take the same dose as advised by your doctor or nurse. Asthma is a condition that needs reviewed regularly even if you feel well as a severe asthma attack can happen at any time without warning. Please remember to attend your annual asthma review at the practice and to take your inhalers with you to this appointment.

Please do not hesitate to contact the practice if you would like to speak to the practice pharmacist or your GP.